**Military Officer Association of America**

**Council/Chapter Advocacy Guidelines**

**Using The MOAA Capitol Switchboard**

* **Call MOAA Capitol Switchboard:**

**1-866-272-6622**

* **Ask To Be Connected To Your Congressman or Senator’s Office**
* **Once connected, ask to speak with the Military Legislative Assistant handling military or surviving spouse legislation. (See Note)**
* **Again, once connected, give them the name, bill number (if you have it) and any other information you have including your personal story regarding the issue.**
* **Follow-up your phone call with an e-mail.**

***Note:***

***Use the Tennessee Congressmen and Senators Contact Listing (Updated 3/20/25) to obtain MLA name and e-mail address.***

**Other Options:**

* **Email your Congressman or Senators Military Legislative Assistant directly.**
* **E-mail your Congressman or Senators directly.**